## Take Charge Diabetes Coaching Program - Terms & Conditions

**Acceptance of Terms:** By signing up for the Take Charge Diabetes Coaching Program (the "Program"), you agree to these Terms & Conditions. We reserve the right to modify these terms at any time without prior notice.

**Eligibility:** Participants must be at least 18 years old to participate in the Program.

**Personal Data:** We collect your personal data for the purpose of administering the Program and providing the services associated with it. We may collect data such as your name, contact information, medical history, dietary habits, and physical activity levels. You agree that all information provided to us is accurate and up-to-date.

**Privacy:** We respect your privacy and are committed to protecting your personal data. We will not share your personal data with third parties without your explicit consent, except where necessary to deliver the Program services or if required by law.

**Communication:** By signing up for the Program, you agree to receive communications from us via the contact information you provide. This may include program updates, health information, reminders, and promotional material.

**Program Expectations:** By participating in the Program, you agree to follow the guidelines provided and understand that your commitment and participation are essential for success. However, please note that individual results may vary, and we cannot guarantee specific outcomes.

**Limitation of Liability:** To the fullest extent permitted by law, we will not be liable for any direct, indirect, incidental, special, consequential, or exemplary damages, including but not limited to, damages for loss of profits, goodwill, use, data, or other intangible losses.